

The image features a teal background with a white border. Inside the border, a quote by Maya Angelou is displayed in white, bold, sans-serif text. The quote is centered and reads: "We may encounter many defeats but we must not be defeated." Below the quote, the name "- Maya Angelou" is written in the same style. The background behind the text shows a silhouette of a mountain range.

**"We may encounter
many defeats but
we must not be
defeated."
- Maya Angelou**